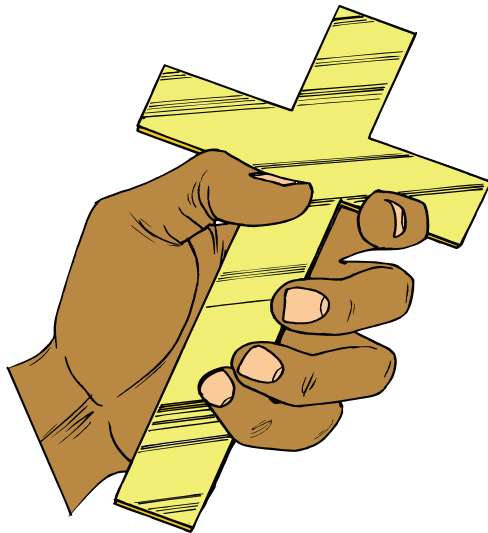


MT ZION ANNUAL MEN'S DAY PROGRAM



STEDFAST MEN WORKING FOR CHRIST

(1 Corinthians 15:56-58)

FRIDAY SEPTEMBER 18 - SUNDAY SEPTEMBER 20, 2009

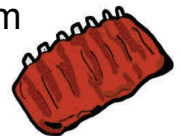
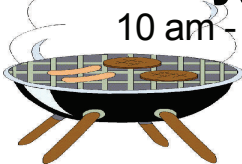
Friday, Sept 18 - REAL MEN DISCOVERY

Guest Speaker: Rev. Tyron Browder of Bethel MBC, Winter Park, FL

Saturday, Sept 19 - ANNUAL MENS DAY BARBEQUE

10 am - 2 pm: Barbeque sale at the African American History Museum

(Menu on Back of this Flyer)



Sunday, Sept 20 - MORNING WORSHIP

Guest Speaker: Rev. Robert E. Daniels, Pastor of Garden of Gethsemane Baptist Church, Houston TX

Mt. Zion Missionary Baptist Church
1200 2nd Avenue SE - Cedar Rapids, Iowa 52403
319-364-6592

Dr. Damian M. Epps, Senior Pastor

MT ZION

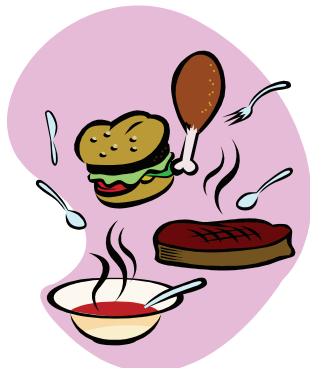
ANNUAL MENS DAY BARBEQUE

*Located at the African American History Museum
55 12th Ave SE, Cedar Rapids, IA*

Saturday, Sept 19, 2009
10 am - 2 pm

MENU

(Dinners include beans, potato salad and bread)



PORK RIBS

Whole Slab	\$16.50
Half Slab	8.50
Rib Dinner	8.00

PORK

Hot Link	2.50
Pulled Pork Sandwich	4.00
Pulled Pork (1/2 lb)	4.00
Pulled Pork (1 lb)	8.00
Pork Dinner	5.00

CHICKEN

Chicken Sandwich	4.50
Half Chicken	5.50
Chicken Dinner	5.50

SIDE ORDERS/BEVERAGES

Side Orders (Baked Beans or Potato Salad)	75
Pop	50



Phone Orders: 11 AM - 1 PM
Call: 319-364-6592

